



Scout Wilkins

Founder of Traveling LIGHT™

**Intention Statement:** Participants in these workshops will develop a comfortable familiarity with their unconscious mind, gain specific tools to work with it, and a vastly deepened determination to believe in themselves, to get clear about what they want, and to clear the way to making it happen.

### Topic Summaries:

#### **It Doesn't Have to Be So Hard**

What's really happening when you're stuck and nothing's happening?  
How to get past the wall inside, so you DO what you're here to do.

#### **Don't Stop Believing!**

How to trust and stay in action toward what you most want.

#### **Following the Nudge**

How to hear and heed your inner wisdom.

#### **The Physiology of a Quantum Leap**

Why feeling frustrated beyond words is a great tool, and how to use it.

### ***What you can expect in a presentation from Scout Wilkins.***

This work will take you to a higher level of vibrancy in your life.

It is designed for people who are striving and seeking, wanting better results, to feel more enthusiasm and more engagement with their life, and just generally push their upper limits. People who are doing well... and want to do even better, experience even more.

These trainings are based on these core principles:

1. Your unconscious mind is responsible for the vast majority of your actions, behaviors and results. When you want to change your results, the place to make change is at the unconscious level.
2. The entry point is to examine the recurring patterns in your life, discovering the inner voice that is creating the pattern, and shifting that voice into one that supports the patterns you want instead.
- 3 There is a hierarchy to the process, and the closer you go to the source to make change, the deeper and more permanent the change will be. Clearing up a core values conflict, for example, will yield far more permanent results than releasing a single limiting belief. Scout goes to the very root for change.

For booking information contact Scout Wilkins at  
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Visit <http://scoutwilkins.com> to download her free e-book and audio.



## About Scout

*When your heart demands more...*

Scout Wilkins is a Mind-Repatterning Expert who specializes in helping successful people who have gotten stuck get back into courageous action again. Her work combines the deep connection with nature she developed as a wilderness guide, the competence and can-do mindset of a highly successful entrepreneur, a pilot, and a mother, and her innate gift for understanding what makes people tick.

Scout is a bridge for powerful, passionate people who feel like they've hit a wall. She leads them to understand, feel, and release the inner programming that has been holding them back, so they massively shift their day-to-day results.

This is life-changing work, designed especially for people who know there's something bigger inside they can't quite reach. People who work with Scout say they feel like have reclaimed who they really are. They get crystal clear, confident, and step into doing what they love with enthusiasm and energy.

Through her proprietary system, Traveling LIGHT™, Scout guides people to connect to their heart's desire and develop the courage to follow it.

Scout is an international phenomenon, who has worked with hundreds of clients in 13 countries, on six continents, with people who regularly report massive shifts from a simple conversation.